

Preventive Health Center

High-tech Whole body Health Examination Package

Item	Contents	Purpose
General Examination	Height, Weight, Blood Pressure, Heart Rate, Waist Circumference	Initial assessment of the body
Ophthalmology Examination	Vision, Intraocular Pressure (IOP), Ophthalmology Consultation	Checks vision, screens for glaucoma
Urinalysis	pH, specific gravity, sugar, protein, bilirubin, urobilinogen, nitrite, ketone bodies, WBCs, RBCs, etc.	Checks liver function, gallbladder function, and renal function. Screens for UTI, kidney stones, and diabetes.
	Microalbuminuria, urinary creatinine	Early indicator of renal dysfunction
Fecal Examination	Hemoccult	Screens for gastrointestinal bleeding
Routine Blood Tests	Complete blood count (CBC) with differential (RBC, WBC, HCT, HB, PLT, etc.)	Screens for anemia, leukemia, general infection and inflammation
Liver Function Test	SGPT, SGOT, alkaline phosphoric acid, total albumin, total globulin, albumin/globulin ratio, r-GT	Screens for abnormal liver function, liver cirrhosis, liver cancer, and other diseases
Bile Function Test (Jaundice Check)	Total bilirubin, direct bilirubin	Screens for hemolytic anemia, hepatitis, liver disease, biliary obstruction, and other diseases
Renal Function Test	Urea nitrogen, creatinine	Screens for nephritis, renal failure, renal dysfunction, and other diseases
Gout Check	Uric Acid	Screens for Gout
Blood Glucose Test (Diabetes Examination)	Pre-meal blood sugar (AC sugar)	Preliminary screening of blood glucose
	Glycated hemoglobin (HbA1c)	Long-term average blood sugar over past 2-3 months, for diabetes control and management
Blood Lipid Panel	Total Cholesterol (T-Chol.), Triglycerides (TG)	Blood lipid analysis, fat metabolism, blood circulation and other

		cardiovascular diseases
	High density lipoprotein cholesterol (HDL-C)	Evaluates risk of myocardial infarction
	Low density lipoprotein cholesterol (LDL-C)	Evaluates risk of coronary artery disease
	Total Cholesterol/HDL-C	Evaluates risk factors for atherosclerosis
Cardiovascular Disease Risk Factors	Homocysteine	Evaluates risk of cardiovascular disease and stroke
Viral Hepatitis Panel	Hepatitis A Antibody (Anti-HAV IgG)	Indicates immunity to Hepatitis A
	Hepatitis B Surface Antigen (HBsAg)	Indicates that patient is acutely infected and contagious
	Hepatitis B Surface Antibody (Anti-HBs)	Indicates immunity to Hepatitis B
	Hepatitis B Core Antibody (Anti-HBcIgG)	Indicates chronic Hepatitis B or recovery from Hepatitis B
	Hepatitis C Antibody (Anti-HCV)	Indicates immunity to Hepatitis C
Thyroid Function Test	Free Thyroxine (FT4)	Screens for abnormal thyroid function
	Thyroid Stimulating Hormone (TSH)	
Pulmonary Function Test	Vital Capacity [males]	Screens for obstructive pulmonary disease
Electrocardiogram (ECG)	Static ECG	Evaluates heart rhythm, myocardial ischemia, conduction blocks, and other cardiac functions
Body Composition Analysis	Body Fat	Body mass index (BMI), lean tissue vs. body fat components
Ultrasound Examinations	Upper abdominal ultrasound	Screens for tumors, stones, or abnormalities in the liver, gallbladder, kidneys, pancreas, and spleen
	Gynecological and pelvic ultrasound [females]	Detects uterine and ovarian lesions
Female Cancer Screening	Pap Smear [females]	Tests for the presence of precancerous or cancerous cervical cells
Bone Densitometry	Bone Mineral Density	Screens for osteopenia and osteoporosis
X-Ray	KUB Abdominal X-Ray	Allows for observation of abdominal

		organs, kidneys, ureters, and bladder
Breast Examination	Mammogram (checked by female radiologist)	Bilateral detection of calcifications, cysts, and fibroadenomas
Precision Hearing Test	Air conduction test	Detects hearing loss
Orthogonal Tomography	Whole Body PET-CT	By delivering a small amount of intravenous radioactive glucose to the patient, physicians can utilize PET-CT scans to pinpoint where the body is metabolizing an abnormally high amount of glucose. This allows doctors to diagnose, characterize, and locate the metastases of most cancers with accuracy and precision. It also enables doctors to detect any residual or recurrent tumors after treatment.
	Tumor Marker	Male Tumor Index includes: AFP, CEA, CA-199, PSA, Anti-SCC Female Tumor Index includes: AFP, CEA, CA-199, Anti-SCC, CA-125
Nuclear Magnetic Resonance Imaging Examination (MRI) 3.0T	Head and Neck MRI	Detects brain tumors, cerebral hemorrhage, infarction, aneurysms, and arterial & venous malformations. Also evaluates the risk of stroke by identifying both cerebral and carotid artery stenosis. Recommended for: patients with history of chronic headaches or dizziness and for high-risk stroke patients (family history of stroke, brain aneurysm, hypertensive diabetes, hyperlipidemia)
CT Scan	CT Angiography of Coronary Arteries	Non-invasively assess the health of coronary arteries and detects coronary artery stenosis, with accuracy comparable to that of cardiac catheterization. Recommended for patients with a

		history of hypertension, diabetes mellitus, hypercholesterolemia, smoking, angina, ECG indicating cardiac ischemia, or a family history of cardiovascular disease
	Low-Dose Pulmonary CT	<p>Detects lung lesions as small as 0.2cm in size, including tumors, pneumonia, granuloma or fibrosis</p> <p>Recommended for patients with a history of smoking, abnormal chest x-ray, chronic cough, and patients who work in environments with exposure to fumes (ie. cooks)</p>
Gastrointestinal Examination	Upper gastrointestinal endoscopy (from mouth or nasal cavity into the stomach)	Allows for observation of the esophagus, stomach and duodenum. Detects inflammation, ulcers, polyps, cancer, etc.
Lower Bowel Examination	Intestinal endoscopy	<p>Allows for observation of the large intestine. Detects inflammation, ulcers, polyps, cancer, etc.</p> <p>Recommended for patients with family history of colorectal cancer, hemoccult in stool, or changes in bowel habits</p>
Physical Examination by Family Doctor	Physical Examination (includes: head and neck, lymph nodes, chest, heart, abdomen, limbs, etc.)	
Physician Commentary	Attending physician provides an explanation of the physical examination results and educates patient about health promotion.	
Personalized Medical Report	Detailed report and health education manual	

Notes

1. Cost of this physical examination package is NT \$73,600
2. Includes free parking and one complimentary meal
3. Includes a complimentary night stay at a 5-star hotel

Address: No.162 Chen-Kung 1st Road, Kaohsiung 80249, Taiwan

TEL : +886-7-334-3660