



Preventive Health Center

Happiness Health Examination Package

Item	Contents	Purpose	A	B	C	D
General Examination	Height, Weight, Blood Pressure, Heart Rate, Waist Circumference, hearing test	Initial assessment of the body	★	★	★	★
Ophthalmology Examination	Intraocular Pressure (IOP)	Screens for glaucoma	★	★	★	★
Urinalysis	pH, specific gravity, sugar, protein, bilirubin, urobilinogen, nitrite, ketone bodies, WBCs, RBCs, etc.	Checks liver function, gallbladder function, and renal function. Screens for UTI, kidney stones, and diabetes.	★	★	★	★
	Microalbuminuria, urinary creatinine	Early indicator of renal dysfunction	★	★	★	★
Fecal Examination	Hemoccult	Screens for gastrointestinal bleeding	★	★	★	★
Routine Blood Tests	Complete blood count (CBC) with differential (RBC, WBC, HCT, HB, PLT, etc.)	Screens for anemia, leukemia, general infection and inflammation	★	★	★	★
Liver Function Test	SGPT, SGOT, alkaline phosphoric acid, total albumin, total globulin, albumin/globulin ratio, r-GT	Screens for abnormal liver function, liver cirrhosis, liver cancer, and other diseases	★	★	★	★
Renal Function Test	Urea nitrogen, creatinine	Screens for nephritis, renal failure, renal dysfunction, and other diseases	★	★	★	★
	estimated GFR		★	★	★	★
Gout Check	Uric Acid	Screens for Gout	★	★	★	★
Blood Glucose Test (Diabetes Examination)	Pre-meal blood sugar (AC sugar)	Preliminary screening of blood glucose	★	★	★	★
	Glycated hemoglobin (HbA1c)	Long-term average blood sugar over past 2-3 months, for diabetes control and management	★	★	★	★
Blood Lipid Panel	Total Cholesterol (T-Chol.), Triglycerides (TG)	Blood lipid analysis, fat metabolism, blood circulation and other cardiovascular diseases	★	★	★	★
	High density lipoprotein cholesterol (HDL-C)	Evaluates risk of myocardial infarction	★	★	★	★
	Low density lipoprotein cholesterol (LDL-C)	Evaluates risk of coronary artery disease	★	★	★	★

	Total Cholesterol/HDL-C	Evaluates risk factors for atherosclerosis	★	★	★	★
Thyroid Function Test	Free Thyroxine (FT4)	Screens for abnormal thyroid function	★	★	★	★
	Thyroid Stimulating Hormone (TSH)		★	★	★	★
Tumor Marker	Alpha-fetoprotein (AFP)	Screens for Liver Cancer	★	★	★	★
	Carbohydrate antigen 199 (CA199)	Screens for pancreatic cancer and Cholangiocarcinoma	★	★	★	★
	Prostate-specific Antigen (PSA) [males]	Screens for prostate Cancer	▲	▲	▲	▲
	Cancer antigen 125 CA125 [females]	Screens for epithelial ovarian cancers	●	●	●	●
Electrocardiogram (ECG)	Static ECG	Evaluates heart rhythm, myocardial ischemia, conduction blocks, and other cardiac functions	★	★	★	★
Body Composition Analysis	Body Fat	Body mass index (BMI), lean tissue vs. body fat components	★	★	★	★
X-Ray	Chest X-Ray	Allows for observation of Chest organs, Tuberculosis, tumor of Lung and Cardiomegaly	★	★	★	★
Bone Densitometry	Bone Mineral Density	Screens for osteopenia and osteoporosis	★	★	★	★
Gastrointestinal Examination	Upper gastrointestinal endoscopy (from mouth or nasal cavity into the stomach)	Allows for observation of the esophagus, stomach and duodenum. Detects inflammation, ulcers, polyps, cancer, etc.	★	★	★	★
CT Scan	Low-Dose Pulmonary CT	Detects lung lesions as small as 0.2cm in size, including tumors, pneumonia, granuloma or fibrosis				
		Recommended for patients with a history of smoking, abnormal chest x-ray, chronic cough, and patients who work in environments with exposure to fumes (ie. cooks)	★	★	★	★

	Coronary artery calcium score	<p>Obtain a score of coronary artery calcification for prediction of the risk of coronary artery disease.</p> <p>Recommended for patients with a history of hypertension, diabetes mellitus, hypercholesterolemia, smoking, angina, ECG indicating cardiac ischemia, or a family history of cardiovascular disease</p>	★	★	★
	CT Angiography of Coronary Arteries	<p>Non-invasively assess the health of coronary arteries and detects coronary artery stenosis, with accuracy comparable to that of cardiac catheterization.</p> <p>Recommended for patients with a history of hypertension, diabetes mellitus, hypercholesterolemia, smoking, angina, ECG indicating cardiac ischemia, or a family history of cardiovascular disease</p>		★	
Nuclear Magnetic Resonance Imaging Examination (MRI) 3.0T	Head MRI	<p>Detects brain tumors, cerebral hemorrhage, infarction, aneurysms, and arterial & venous malformations.</p> <p>Recommended for: patients with history of chronic headaches or dizziness and for high-risk stroke patients (family history of stroke, brain aneurysm, hypertensive diabetes, hyperlipidemia)</p>			★ Alternative
	Cervical spinal MRI	<p>Detects cancer or tumors of spine, HIVD, fracture, calcification of cervical ligament, etc.</p> <p>Recommended for patients with soreness, discomfort of neck and upper back.</p>			
	Lumbar spinal MRI	<p>Detects lumbar spinal disease, tumors, herniated disc, fracture, calcification ligament, aneurysm and scoliosis, etc.</p> <p>Recommended for patients with long-term low back pain or soreness, degenerative spinal disease, scoliosis.</p>			

<p>Stress free endoscopic examination</p>	<p>Upper gastrointestinal endoscopy (from mouth or nasal cavity into the stomach) Intestinal endoscopy</p>	<p>Upper gastrointestinal endoscopy: Allows for observation of the esophagus, stomach and duodenum. Detects inflammation, ulcers, polyps, cancer, etc. Intestinal endoscopy: Allows for observation of the large intestine. Detects inflammation, ulcers, polyps, cancer, etc. Recommended for patients with family history of colorectal cancer, hemocult in stool, or changes in bowel habits</p>			★	
<p>Ultrasound Examinations</p>	<p>Upper abdominal ultrasound</p>	<p>Screens for tumors, stones, or abnormalities in the liver, gallbladder, kidneys, pancreas, and spleen</p>	★	★	★	★
	<p>Gynecological and pelvic ultrasound [females]</p>	<p>Detects uterine and ovarian lesions</p>	●	●	●	●
	<p>Breast ultrasound [females]</p>	<p>Screens for fibrocystic breast , tumors</p>	●	●	●	●
	<p>Carotid Duplex ultrasonography [males]</p>	<p>A carotid Duplex ultrasound is performed to evaluate symptoms including dizziness, stroke, loss of musclecontrol and other symptoms that might result from narrowing or blockage of the vessels (carotid arteries) on either side of your neck.</p>	▲	▲	▲	▲
<p>Physical Examination by Family Doctor</p>	<p>Physical Examination (includes: head and neck, lymph nodes, chest, heart, abdomen, limbs, etc.)</p>	★	★	★	★	
<p>Personalized Medical Report</p>	<p>Detailed report and health education manual</p>	★	★	★	★	

Notes

1. Cost of this physical examination package is NT **A.18000. B.27600. C.24000. D.24000**
2. Includes free parking and one complimentary meal

Address: No.162 Chen-Kung 1st Road, Kaohsiung 80249, Taiwan

TEL : +886-7-334-3660